

# Derech HaTorah of Rochester The Path of Respect and Excellence From the Principal

3"02 September 13, 2017 י"ג אלול, פרשת כי תצא, תשע"ט

Mrs. Lea Galdstein

## Back to Learning!



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Middas Menschen Stars of the Week

Leeba Mittel- When it was clean-up time at the end of the day, Leeba listened right away and started cleaning up and did a great iob!!!

Shneur Caro- Returned lost object - השבת אבידה

Chana Blima Caro - In P.E., she got a ball for another classmate without being asked AND has a great attitude!

Shlomo Hanson- Great work ethic in class and awesome attitude! Mindy Akkerman- Amazing sportsmanship in P.E.

Ahuva Katz- Mrs. Mammon asked for help picking up books from the floor and Ahuva RAN to pick up the books. What ווריוןת! Simha Elmaleh- complimented a younger peer in

class "just because".

Elie Bennett- was very helpful and kind. He found a book for a classmate when he wasn't asked to!

Shira Chastain- was a fantastic role model in class! She went above and beyond the classroom expectations, and was extra kind to a classmate.

Shmuel Hanson- picked up the counting straws Mrs. Nguyen dropped without being asked.

Sara Leah Abrahamson- offered to stay during lunch to clean up the markers.

Ethan Nussbaum & Dovi Shulman - returned lost objects - השבת אבידה.

Arych Solomon- courteously held the door for a friend.



In this week's Parsha, כי תצא, Pasuk 'ד in Perek ב"ב, 22:4) teaches that it is a Mitzvah to help the owner of an animal when the animal or its burden has fallen down: "Nor may one ignore a fellow's beast of burden that has collapsed under its load". The Torah specifically says "Hakeim Tokim Imo - You shall surely stand them up with him." The Sefas Emes notes that the Torah specifically uses the word "Imo"with him, because when you are helping another person and displaying rachmanus (mercy), compassion and care for the difficulty of someone else, you are not only helping the other person, but you are also helping yourself. In fact, while you are helping him only once, you are helping yourself become kinder and more caring, which can affect you for your entire lifetime and beyond. How remarkable! You are not merely picking up a package--you are lifting yourself! (excerpted from:Hakhel.info/Aug12DailyEmail.html).

Across DHR, we try to model and reinforce chesed, kindness and compassion. We do this both formally through Middos classes and informally through integrating middos and mussar into curricula across numerous subjects, as well as the "Midda Menschen" recognition system and the new DHR dollar system.

How can you successfully reinforce this at home? Praise character, not behavior. Research (Schreier, Schonert-Reichel, & Chen, 2013) suggests that children are more likely to make kindness a habit if they are praised for being kind people rather than just for doing something kind. For example, saying, "You're such a helpful person" may be more effective than saying, "That was such a helpful thing to do." "Praising their character encourages children to see kindness as an essential part of who they are"(Cultivating Kindness and Compassion in Children, Kristina Ponischil, December 8, 2014).



...Raphael Berenstein for winning Level 4 of the Brachos Bee!

...All students who worked on their summer packets and got to use DHR dollars to shop in the store! There were hundreds of great items for sale!



Thank Uou to ...

... the London family for their generous ma'aser donation. ...Mrs. Nancy Klein for her \$100 donation.

...Hillel Community Day School for donating Hebrew language resource materials.

...R' Michoel Abrahamson for his \$26 donation לעלוי נשמת (in memory of) his mother Tziporah Faiga Bas Yaakov, ע״ה,

## Volunteers Wanted

We are thankful to Mrs. Adina Dan for taking on the huge project of digitalizing our library records. She is looking for volunteers to assist during school hours over the next few weeks. No special skills required. If you are interested in volunteering, please contact Adina Dan at 585-330-5828.

## Dates to Remember

- Tuesday, September 17th — Meet the Teacher Night (7:30pm— 8:30pm)

- Monday & Tuesday, September 30 & October 1-Rosh Hashana-No School

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