

This Week at DHR



Nurse's Notes

Parents are sometimes confused when making the decision regarding when to keep their children home, or send them to school. The following information is intended to help clarify school policy:

Students should stay home if:

- they have a **fever** of 100 degrees or more, and should remain home for 24 hours after their temperature returns to normal.
- they have **vomited** or had **diarrhea**, and should remain at home for 24 hours after it has stopped.
- they have **strep throat** (until on antibiotics for 24 hours).
- they have a **persistent cough**.
- they have **red, inflamed or draining eyes**.
- they have a **rash**, as it may be the first symptom of a contagious childhood illnesses or viral disease. Children with rashes should stay home until the doctor says it's safe to return to school.
- they have **nits or head lice** and should remain home until completely clear of nits and lice.

Second Grade Field Trip to the Zoo



Box Tops For Education



Help support our school by submitting your Box Tops for Education! **November 1, 2019** is the deadline for submitting the cut-out Box Tops. After that, you just download the Box Tops app, scan your receipts within 14 days of purchase and the Box Tops will be submitted for credit to DHR digitally. Visit www.boxtops4education.com for more information and to download the app on your phone!

Middos Menchen Stars of the Week

- Chava Tova** - did a great job taking the lead on Davening!
- Dovy** - found his friend's lost watch and returned it!
- Yaakov** - Without being asked, he took his friends' lunch boxes back to the classroom!



From the Principal

Mrs. Lea Goldstein



Over 800 years ago, the Rambam wrote: "...A sudden transition from one opposite to another is impossible and therefore man, according to his nature, is not capable of abandoning suddenly all to which he was accustomed." – Rabbi Moshe ben Maimon (*Moreh Nevuchim-Guide for the Perplexed* 3:23)

As we prepare for Rosh Hashana, and start contemplating commitments for self-improvement, I always think of my father's wise guidance on this matter. The Rosh HaYeshiva gives an annual shiur during Aseres Yimei Teshuva and regardless of the content of that year's inspirational message, he always takes a moment to point out that although our goal is to make major changes, we need to be realistic; take one small step at a time. Small incremental modifications make it more likely that we'll stick with new resolutions and routines.

Whether your resolution involves becoming an even better parent, taking on a special type of chesed, working on developing more patience, etc., remember that while it is very hard to make even small changes, with effort and practice, it does become easier. Keeping that in mind can help us overcome the initial discomfort of trying something new.



All of us at Derech HaTorah would like to wish you a Kesiva VeChasima Tova. May it be a year of nachas, joy, good health and sweet tidings.

Az Yashir Projects



Benching Superstars!

Shmuel Hanson	Ella Cohen
Shevy Sloviter	Rena Shalva Sloviter
Malka Shulman	Tehila Solomon



Mazel Tov to...

...Mr. & Mrs. Gennadiy Mirochnik on the birth of their baby boy!

Thank You to...

...Mrs. Sarah Malkie Max, Mrs. Malkie Noble & Mrs. Chany Mochkin for chauffeuring our students on their George Eastman House field trip!

...Mrs. Adina Dan for coordinating the library updating project.

Thanks to Mrs. Miriam Mammon for the extra help and Mrs. Mira Kuyunov for coming in to DHR to assist with the project!

...Mrs. Tali Brea, Mrs. Mira Kuyunov, Ms. Kat Snyder & Mr. Oscar Chavez for their help in preparing for the upcoming auction in December! **Additional volunteers are still needed!**

...Mr. Mike Schmidt for donating a large pack of labels to the school!

...R' & Mrs. Yitzy Shulman for hosting last week's Friday night oneg for the middle school boys!

Calendar

- Mon. & Tues., Sept. 30 & Oct. 1 - Rosh Hashana **No School**
- Wednesday, Oct. 2 - Tzom Gedalia **1:00pm Dismissal**
- Tuesday, Oct. 8 - Erev Yom Kippur **No School**
- Wednesday, Oct. 9 - Yom Kippur **No School**

